



Northwest Medical Center

A Tradition of Community Healthcare

Northwest Medical Center – Media Alert

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Northwest Medical Center to Hold 7th Annual 5K & 1 Mile Walk/Run

Northwest Medical Center (NMC) will be holding its seventh annual 5K & 1 mile run/walk on Saturday, June 6, 2015. The race will start and finish at the Albany Fire Station and Football Field area, 23 Century Circle Drive in Albany beginning at 7:30 a.m., rain or shine.

The event helps promote wellness and fitness throughout the region and will raise money for the TriLEARNathon, a program that encourages students, teachers and parents to do 26 good deeds, run 26 miles and read 26 books throughout the school year.

“For the past five years, Northwest Medical Center has collaborated with the Albany R-III School district to promote wellness to individuals of all ages in the community through the TriLEARNathon,” says Race Director, Vickie Cline. “Given the success of the program, NMC has expanded the TriLEARNathon initiative to our hometown schools of Jefferson, Stanberry and King City and we’re excited to raise funds to keep expanding this program.”

This year, Northwest Medical Center is excited to announce that the Kansas City Chief’s Mascot, KC Wolf, will be making an appearance and participating in the race. All race participants and supporters are invited back to the Albany Fire Station immediately following the race for a picture with KC Wolf, breakfast and awards ceremony.

Morgan Sports will be on-site to professionally time the race. Medals will be given to the 1st, 2nd and 3rd place male and female in the 1-mile race for the following age groups: 5 & under, 6-8 and 9-12. 1st place medals will be presented to male and female in the 5K race for the following age groups: 5 & under, 6-8, 9-12, 13-18, 19-29, 30-39, 40-49, 50-59, 60-69, and 70 & up.

Packet pickup and late registration will be in the Outpatient Conference Room on Friday, June 5 from 4:30 – 6:30 p.m. and on race day from 6:15 – 7:15 a.m. on location. Race fee includes race entry, t-shirt, breakfast served by the Albany Fire Department, water on-course and finish-line refreshments.

To register, visit northwestmedicalcenter.org or contact race director Vickie Cline at 660-726-3941 or vickie.cline@northwestmedicalcenter.net.

The 7th annual race will bring together the communities of northwest Missouri and several generations of folks to experience this fun and competitive event! All fitness levels are welcome. This event is designed for the whole family to enjoy!

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